

# ARCHES OUTLOOK

ISSUE 104  
WINTER 2023

ARCHES  
NEWS

SCHOOL  
NEWS

"And all at  
once, Summer  
collapsed into  
Fall"

*Oscar Wilde*

Image by Daniel Taphorn

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Train your Brain Issue 103 Answers

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Randalstown Arches  
Association



Randalstown Arches



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www.randalstownarches.com

# ARCHES NEWS

It's that time of year again, the days are getting shorter and the brisk chill of winter is making her presence felt. At ARCHES office, we have been working as hard as Buddy the Elf with Antrim and Newtownabbey Borough Council to organise the joint school choir for the annual Christmas Lights switch on. We hope you were all able to join us for the exciting evening with Santa's first return since Covid. Thank you to all the children and teachers who worked hard to make the joint school choir possible.

We have also been working on our annual Christmas Colouring Competition - printing, judging and delivering prizes. Thank you to everyone who took part - every year we are blown away by the creativity in Randalstown!

Over 2023, we have been experiencing a surge in room bookings - it can be difficult to find a day which isn't booked. To secure your preferred dates, we recommend you book early by contacting the office to avoid disappointment. We appreciate the continued support!

Most of our courses have now finished off for winter but they will be back again in Spring time—keep your eyes peeled for these announcements in the next issue, our social media and website. Why not make a New Year's Resolution to come and learn a new skill? We are always keen to run new courses so if you have any ideas—please let us know.

Now it just remains for all of us here at ARCHES to wish you all a very Merry Christmas and a Happy and Prosperous 2024!



# TRAINING COURSES

## Tai Chi

Ran by Ballymena Tai Chi, these classes are known for their gentle approach to movement and ability to improve flexibility, balance, breathing, and strength. Emphasizing the mind-body connection and encourage students to adopt a regular practice for maximum physical and mental health benefits. Registration not required - just come along!

Running each Wednesday

Intermediate - 10:30am-12noon, Beginners - 12:30-2pm

£6 per class

## Yoga

Yoga is a great way to find peace and quiet - a place to relax and unwind whilst having a bit of a stretch. It will ease out those sore shoulders, aching back and help clear your mind. Registration essential.

6 week course beginning Thursday 18th January (5:15-6:15pm)

£45 for 6 weeks (concession available)

## Deaf Club

Arches Deaf Club runs on the 2nd Friday of each month (6:30-8pm) to mingle and practice BSL with fellow minded people. This meeting is open to all BSL (British Sign Language) students, both past and present, as well as members of the Deaf community. It's the perfect opportunity to help us kickstart this wonderful community and make it a vibrant hub for sign language enthusiasts in Randalstown.

Whether you're an experienced signer or just beginning your BSL journey, we welcome you with open arms! Let's come together to learn, share experiences, and create lasting connections.

## NRC Essential Skills - Maths

Essential skills are the qualifications that could help you to do many things such as engage easily with others, solve problems, develop personally and improve self confidence, help with homework, manage your finances, get a job, get a promotion and study for other courses and get good results.

Beginning on Thursday 22nd February, we will be offering Application of Number Skills which will give you the opportunity to use your skills in working with figures and numbers.

Classes will run for 14 weeks 10am-1pm in Randalstown Arches premises.

This course is FREE to students.

Registration is essential - please contact Randalstown Arches Association to register.

**If you have an idea for a course, please get in touch and we will do our best to try and run it!**



# SCHOOL NEWS

## MONEYNICK PS

Christmas officially began on Wednesday 6th December as Santa arrived at Moneynick Primary School. Families experienced an evening of festive fun and games, hot winter treats and a visit to Santa's Grotto. Everyone had a magical evening. More pictures available to view on the school website: [www.moneynickps.com](http://www.moneynickps.com)



Moneynick Primary School held a Coffee Morning on Friday 24th November. An outstanding display of support and generosity from the families, friends, staff and pupils of Moneynick Primary School, ensured an overwhelming total of £590 was donated to the Parish of Duneane Saint Vincent de Paul Christmas Appeal. They wish to thank everyone who attended the coffee morning.



Congratulations to their Primary 7 pupil who designed the winning recycled Christmas Tree decoration selected by The Mayor of Antrim and Newtownabbey Council. As part of her prize, she helped Santa and his friends switch on The Randalstown Christmas Lights. An outstanding prize of £100 was presented to her by the Mayor.



A Smyths Voucher was awarded by Howdens Joinery, Antrim to their outstanding illustrator for her amazing entry to their art competition. They wish to thank Howdens Joinery for their support and contribution to their school community.



# SCHOOL NEWS

## MONEYNICK PS

Pupils and Staff at Moneynick Primary School had a vision to create a reflective garden, a sacred space, where they could think about their day, speak with God and be thankful. We all need a little moment to be reminded of how special we are. Father James O'Reilly joined their school community to bless and officially open their new garden. Moneynick Primary School thank him for his words of wisdom and prayers. They thank everyone who joined them to make this a special day for their school community.



The staff of Moneynick Primary School were awarded the 'TinyLearners' Award. The 'TinyLearners' Award raises awareness of the impact of prematurity on development and learning. Its core value is to support pupils who have been born prematurely or who started life in a neo natal unit, to reach their full educational potential.



Road of Hope is a Northern Ireland based, cross community charity driven by the desire to help those less fortunate. Moneynick Primary School showed an overwhelming response again this year. Thank you to everyone who donated a gift-filled shoebox to the Road of Hope's Shoebox Appeal.



Congratulations to their amazing Primary 7 artist who was awarded 1st Place in Kearney's Randalstown Hallowe'en Colouring Competition. We all hope she enjoys her wonderful Jungle NI £100 prize.



Moneynick Primary School are delighted to announce following the Tesco Stronger Starts vote in their local Tesco stores, their project has been chosen by Tesco customers to receive a grant award of £1,500. This is a massive achievement and a significant financial gain. They wish to thank their families, friends, and entire school community for their amazing support. Working together leads to outstanding achievements.



If you wish to visit our school, please contact the school office on 02879650331 or email [info@moneynickps.randalstown.ni.sch.uk](mailto:info@moneynickps.randalstown.ni.sch.uk)  
To learn more about our school please visit [www.moneynickps.com](http://www.moneynickps.com).

# SCHOOL NEWS

## CENTRAL PS

The pupils and staff at Randalstown Central Primary School have had a busy but fantastic start to the year, with a term full of learning and fun experiences. The teachers were glad to welcome the children back to their new classes in August and everyone settled in really well!

The school recommenced their long standing Shared Education programme with their friends from Mount St Michael's Primary School, with most classes having had a chance to meet in the Autumn term. Peace Proms preparations for the year also began, with children from P5, P6 and P7 travelling to the SSE Arena for their first practice.

The first exciting event of the year took place in October with their annual "Ditch the Dark" day. Children wore bright colours to school to raise awareness of how to keep safe on the roads during the darker evenings in Autumn and Winter. The children were really engaged with this and there were some fantastic bright outfits worn to school on the day.



Following this the school's PTA arranged an end of term disco for the children. As always there was great excitement around this event and the children (and staff!) had a great night. Fantastic dance moves were seen amongst the children, with some more "interesting" dancing by the adults!

The second half of Term 1 has continued to be as action packed as the first half term! Key Stage One staff attended the first part of some new Fresh Little Minds training, kindly funded by a grant from Impact Network NI. The rest of the staff are very much looking forward to continuing this training in January before rolling out the programme with the children, as part of the school's continued wellbeing curriculum.

The school welcome Oran from Randalstown Rugby Club in to work with the P3, P5 and P7 children on a weekly basis. He has also been running an after school club for P6 and P7 children, teaching them lots of fundamental rugby skills. This led to the children taking part in a small tournament at the rugby pitches, where they were very successful in matches against other schools from the town.



# SCHOOL NEWS

## CENTRAL PS

The school raised money for the NI Anti-Bullying Forum during Anti-Bullying Week. The children were asked to wear "odd socks" and make a donation, to raise awareness of everyone's differences.



On Saturday 2nd December the school held their annual "Breakfast with Santa" Open Day. They loved welcoming new families into the school community and showing them all the great things their school has to offer. They hope to welcome many of you to our school next year!



With Christmas preparations now well under way, the school have already enjoyed watching Mr Hullabaloo's pantomime production of Jack and the Beanstalk- a very funny performance which was enjoyed by all pupils and staff! A group of children from Primary 5 joined with children from other local schools to perform at the Christmas Light Switch On in the town. The children in school are very busy preparing for their Christmas Nativities. This year the Reception-Primary 2 children will perform "A Wiggly Nativity", Primary 3 and 4 "Christmas With The Aliens" and Primary 5-7, "Santa's on Strike".



Randalstown Central Primary School wishes its children, parents and the whole community a very Merry Christmas and Happy New Year!



# SCHOOL NEWS

## DUNEANE PS

### Charity coffee morning

A massive thank-you to everyone who supported their Coffee Morning. The pupils enjoyed having the opportunity to perform for their guests. The refreshments, scones and traybakes were of the highest quality - as always at Duneane Primary School events! This event would not have been possible without the help and support of their parents who supplied the scones and traybakes and the help in setting up by Governors, Parents and P.T.A.

They would also like to say thank you to Kearney's, Tidal Toome, Kelly's Spar, Toome, Moy Park and McCauley Trailers who sponsored the event and to all their guests on the morning who donated to their school charity, AutismNI. Thank you also to Rev. Trevor McNeill who donated a beautiful piece of Art for silent auction and to Mrs. Susan Smyth and her Mother for donating wonderful hand-made pumpkins and Harvest wreaths sold on the day. The total raised was £566.20 which was an excellent amount. Thank you to everyone again!



### Waymaker - Sense of Wonder sessions

The children really enjoyed their 6 week batch of sessions provided by Zoe from Waymaker. In this time the children got to explore their senses and express their feelings and emotions through a series of practical and interactive activities. A special thanks to Mr Darren Richardson for procuring the funding for this wonderfully beneficial programme!



### Duneane Community Wellbeing area development

They managed to procure funding through the Live Here, Love Here Grant for benches, a bird table, planters and bug hotels. The gentlemen at the Randal Community Hub have very kindly made benches and a bird table, along with some other items for the area. The garden will also have planters made by Mr. Forde. Thank you to the Randal Community Hub for making the items in the garden and to Mr. Forde for making the planters! Last, but by no means least a massive thank you to everyone on the P.T.A. and everyone else for clearing and preparing the area. It will be a lovely place for the School and wider community!



# SCHOOL NEWS

## DUNEANE PS

### Shared Education lessons

Reception to Primary 7 have returned to Shared Lessons with Moneynick Primary School at Duneane Presbyterian Church Hall. The focus this term was on Sport and physical activity. The children have really enjoyed these lessons and seeing their friends in Moneynick. Shared Lessons will return in Term 2.



### Ancient Egypt Day fun!

To finish off the topic of Ancient Egypt their P4 to P7 class had an Ancient Egypt Day where the children and Mr Charles dressed up in Ancient Egyptian style dress. The children also got to produce fabulous Ancient Egyptian artefacts. They did a 'show and tell' on their Ancient Egyptian outfits and wonderful artefacts. They had an Ancient Egyptian quiz and watched the Prince of Egypt with some treats. A big thank you to all the children and parents for their efforts in making this a great day!



### Young Enterprise Event

Our children took part in a Young enterprise event at the Mill in Newtownabbey. The children got to learn about product, promotion, pricing and the supply chain. We joined with our Shared Education partners at the awarding of the certificates. The children really enjoyed this event and learned a lot about business!



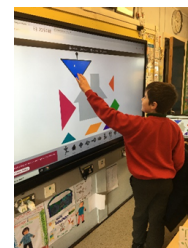
### Anti bullying week

From the 13th – 17th November our children learned about what bullying is and how it is totally unacceptable. We came to school in odd socks to show that difference is to be celebrated and that everyone is unique. Our children then took a positive outlook on this topic and came up with ways that we can be kind.



### New touch screen interactive whiteboard

Their wonderful P.T.A. very kindly supplied their school with a new Clevertouch Interactive whiteboard. In this time of very limited School budgets we really appreciate the purchase of this wonderful resource which will further enhance teaching and learning with their lovely School!



### Santa run daily mile

On Friday 1st December they had their 'Santa Run'. The children got to do their Daily Mile while wearing Santa hats. At the end, the children were provided with hot chocolate and marshmallows, hot milk or a Sukie drink while listening to Christmas music. All children and staff had a great time!

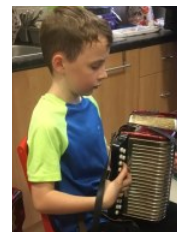


# SCHOOL NEWS

## CREGGAN PS

### Accordion & Tinwhistle Lessons

Thanks to Annie Keane and Hannah Gately, Creggan PS are delighted to offer their children after school accordion and tin whistle lessons.



### Parent & Toddlers

They have a fantastic Parent & Toddler Group in Creggan PS. If you are free on a Wednesday morning 9.15-10.30am come along and join the fun. Thanks to Anne O'Kane, Joanne Cleary and Caron O'Boyle for all they do to organise the group every week.



### After School Clubs

Their children have had lots of fun this term attending a variety of afterschool clubs including hurling, soccer, ball skills, art, ICT, Christmas crafts and a gardening club. In all clubs, the children enjoyed learning new skills and practising their favourite sports and activities. They send their thanks to all the club facilitators for giving their time and energy to their afterschool programme.



### Cumann Na mBunscol 5-Aside Tournaments

This month their P7 boys and girls enjoyed great days out playing football when they participated in the Cumann Na mBunscol 5-a-side football tournaments.



### Greenmount School Awards Presentation

Some of their children along with Mr McAuley & Miss McKeown had a wonderful afternoon attending the School Award's Presentation at Greenmount Agricultural College. A huge well done to all involved in their Eco-Committee and gardening club for all their hard work and achievements. Thanks so much to Greenmount for the invitation and for the kind gifts of beautiful flower pots and an oak tree to plant in their school grounds.



# SCHOOL NEWS

## CREGGAN PS

### Scoil Spreagtha

"Tús maith leath na hoibre." A good start is half the battle and what a fantastic start we have made in Creggan Primary school on our Scoil Spreagtha journey! Some of their staff went on an Irish course which was held in Gaelscoil na tSeanchaí chun a gcuid Gaeilge a fheabhsú - to improve their Irish.

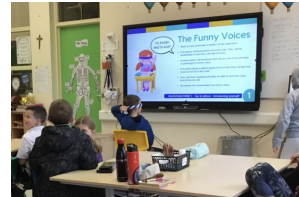


Bhí rang a haon agus a dó ag foghlaim dán, " Buail do bhosa," Maith sibh a pháistí. P1 and P2 were learning a poem, "Clap your hands." Well done children!

Bhí rang a trí agus a ceathair ag foghlaim frasaí as Gaeilge. P3 and 4 were learning phrases and greetings in Irish. They played the "Mála Pónairí" game , the "Bean Bag," game whilst practicing the phrases, " Maidin mhaith, Tráthnóna maith, Oíche mhaith, Slán, Le do thoil agus Go raibh maith agat ." Is Gaeilgeoirí iontacha sibh! You are great Irish speakers!

Bhí siad ag foghlaim Na Séasúir, the seasons also. They were also busy learning the Seasons. An tEarrach- Spring, An Samhradh- Summer, An Fómhar- Autumn and An Geimhreadh- Winter.

Bhí an-spraoi ag Rang a Seacht ag imirt cluiche, "Glórtha Greannmhara," P7 had great fun playing the "Funny Voices Game. "They said a phrase or greeting in a funny voice and their classmate had to guess who they were. The phrases that they have learnt are Cé thusa?- Who are you? Is mise - I am, Slán- Cheerio, Maidin mhaith, Tráthnóna maith, Oíche mhaith. Le do thoil- Please and Go raibh maith agat - Thank you!



### Réalta Programme

Their P7 pupils are so lucky to have Kickham's GAC Creggan and Antrim all star player Conor McCann act as their mentor and deliver the GAA Réalta programme to them. This programme aims to develop their leadership skills over 8 key areas - Building Trust, Friendship, Healthy Living, Honesty, Goal Setting, Perseverance and Fair Play. Their children enjoyed the first session immensely and are looking forward to participating in Réalta in the weeks ahead.



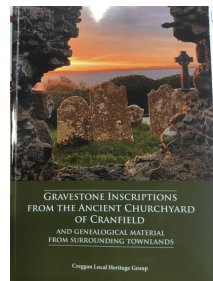
### Humanitarian Aid for Ukraine Appeal

Thanks so much to all in their school community for their generous donations to the humanitarian aid for Ukraine appeal. Pictured is their Ethos Committee with everything we collected for Ukrainian children. Our donations were sent via truck to Lviv, Kyiv, Donetsk & Kherson, directly to those who need it most.



### Links with Creggan Local Heritage Group

Creggan local heritage group shared their school old roll books with the children. They had fun searching through them and it was great to see some familiar names! Information from the school roll books forms part of the upcoming book of 'Graveyard Inscriptions from the Ancient Graveyard of Cranfield and Genealogical Material from the Local Townlands's. They were very proud to launch this book with Creggan Local Heritage Group in their school. Well done to Patrick McAteer and all involved with the creation and writing of this important document of local history. If you missed their book launch, copies are available from Kearney's Mini Market in Randalstown or from the Lock Keepers Cottage in Toome for £15.



# SCHOOL NEWS

## MAINE IPS

It has been a busy term at Maine Integrated Primary School. The school were delighted to receive an invitation to take part in a football tournament at Allen Park Antrim. The pupils had a fantastic time and demonstrated some excellent football skills.



### Primary 6 & Primary 7

The pupils in Primary 6 and Primary 7 took part in a coding project at W5. The pupils first of all had to construct a plan and construct a tower. This was followed by the opportunity to use microbits to work on their coding skills. This was an opportunity to work on the coding skills they have been practising in class.



### Digital Leaders

Their Digital leaders have been kept busy this term downloading apps, they have recently downloaded the White Rose 1 minute apps onto the I pads.



### Anti-bullying week

Anti-Bullying week started with a whole school assembly. This year the theme was make a noise. All the pupils completed class activities related to the topic. P7 watched a clip around the dangers of the Internet.



### Visitor to Maine

The pupils gave Masako Carey a warm welcome when she visited the school. They listened attentively to her traditional Japanese stories.



# SCHOOL NEWS

## GROGGAN PS

It's been another very busy half term at Groggan Primary School. Their littlest learners had a trip 'Down the Town' as part of their World Around Us topic. They visited some of the shops, had fun in the park, bought some sweets from the ever-popular Kandy Shop and visited Micheal in the Library for some Literacy fun. There was great excitement going on the bus to Randalstown.



Primary 2/3 have been taking their learning outside and also working so very hard learning their Tricky Words using lots of lots of super activities. They have loved their Play Based learning activities and made some amazing 3D models.



Primary 3/4 have been working hard in class and enjoyed attending the Children in Need morning at Sensory Kids in Antrim, meeting Pudsy Bear was a real highlight!



Primary 5 have been learning all about World War 2 and told them all about Remembrance Day in a special assembly attended by friends and family.

Primary 6 and 7 have been learning all about Flight in their World Around Us lessons and have had great fun finding out about all things aeronautical and doing some wonderful Art.



They celebrated World Maths Week by taking part in lots of fun activities and testing their Numeracy skills against pupils from all over the world, they even had special daily challenges for their parents.

Their Primary 6 choir along with other schools in the area took part in the Christmas Lights Switch On in Randalstown. They have a very busy few weeks with their nativities and Christmas Tree Festival.

Their Open Day for prospective Primary 1 pupils will take place on Friday 5th January at 1:30 p.m. everyone is very welcome.

From everyone at Groggan Primary School, they wish you all a very Merry Christmas and a very Happy New Year.

# SCHOOL NEWS

## MOUNT ST MICHAEL'S PS

December is always an action-packed month in school as there are so many things happening in the run up to Christmas.

- P1 and P2 children performed their Christmas plays in the Parish Centre on Sunday, 17 December, to full houses, the children were wonderful and really enjoyed the experience of performing on the big stage.
- Christmas Liturgy and Carol Service was held in the Church on Wednesday, 13 December, as always this was one of the most special events in the school year. Many thanks to their friends and family who supported these events and to the staff for their continued commitment to creating memorable experiences for all their pupils.
- Christmas events began with the SANTA Daily Mile on Friday 1 December - children ran a walked the mile in their Christmas jumpers. Mrs McMullan attended the launch of the Daily Mile N.I. Implementation document on the same day, it's great to see how research and evidence point to the benefits of the Daily Mile in schools not just physical benefits but also wellbeing.



- The last half term they have attended several indoor Gaelic blitzes for both boys and girls, taken part in the local soccer league and had a special afternoon of rugby coaching at the local club.
- They have also continued with our Shared Education programme with our friends from Central, attended a performance by the Ulster Orchestra, visited Mosley Mill to discover about life in the world of business and enjoyed some STEM workshops delivered by Sentinus. In early November over 150 of their pupils P5-P7 travelled to Bord Gais Theatre in Dublin to see The Lion King.



# COMMUNITY NEWS

## SUCCESS FOR SUSANNA!

In a well-deserved triumph, Randalstown Salon - Nails by Susanna has clinched the coveted title of Best Nail Salon of the Year in November at the Local Women Magazine Business Awards 2023.

Susanna's exceptional skills and dedication were further recognized as she emerged as a finalist for Nail Technician of the Year. Congratulations to Susanna for this outstanding achievement, marking a testament to excellence in the beauty industry. Susanna is pictured proudly holding the award alongside her supportive husband, Thomas. Congratulations to this lovely lady in her well deserved award!



## JOE PAYS RANDALSTOWN A VISIT!



Did you catch Joe Mahon in familiar surroundings? Joe made his way around the town visiting the elevated walkway on the Viaduct where he spoke with Helen Boyd (chairperson of Tidy Randalstown) before making his way into the town where he meets librarian Linda Houston, who is also secretary of the Randalstown Historical Society. He learns about many aspects of the town's history, including the history of the Old Bleach Linen works. He then made his way to Randalstown forest where he talked to Dr Frank Ferguson about entertaining references to the area by overseas writers. If you missed the episode, you can catch up on [www.itv.com/utvprogrammes](http://www.itv.com/utvprogrammes)

## RANDALSTOWN IS THE "BEST OF THE BEST"

Randalstown has yet again lifted the title of Overall Best Kept City, Town, or Village in Northern Ireland and the Best Kept Small Town Award, at the 2023 Best Kept Awards NI held at Mossley Mill, Newtownabbey in October. Organised by the Northern Ireland Amenity Council (NIAC) and sponsored by George Best Belfast City Airport, the awards commend the dedication and hard work of groups who have made outstanding contributions to improving their local environment. The Best Kept Awards serves as a reminder of the importance of community involvement in environmental conservation and beautification efforts.



## RANDALSTOWN YFC'S ANNUAL TRACTOR AND TRUCK RUN RAISES £3000 FOR CHARITY

Randalstown YFC had a brilliant day at their annual tractor and truck run! They had an amazing turn out with 70 vehicles out to support Aware NI and Cancer Fund for Children! Through this event, the club raised a WHOPPING £3000 which will be split between the charities. They send our their many thanks to the drivers, passengers, organisers, marshalls, spectators and the Bell family for their brilliant hospitality!





# COMMUNITY NEWS

## RANDALSTOWN GYM OWNER'S 24-HOUR MARATHON TRIUMPH RAISES £3,000 FOR AWARE NI

Randalstown man Michael Tolan (owner of MT Sculpt) recently completed a challenging 24-hour physical feat, completing three marathons to raise funds for Aware NI and spotlight men's mental health. As the owner of a gym for the past three years, Michael recognizes the positive impact of both physical and mental fitness. He commenced the challenge with a marathon on a ski erg machine, followed by another on a bike erg, and finally, a road run from Randalstown to Nutts Corner and back.

Michael's initiative raised over £3,000 for Aware NI - reinforcing the message that mental health is an essential aspect of overall well-being. Congratulations Michael!



## LORRAINE TRIUMPHS AT BEAUTY AWARDS



Lorraine Hume Hairdressing, renowned for its exceptional hairstyling expertise, proudly clinched the title of Best Hairstylist in Co. Antrim at the NI

B-Beautiful Beauty Awards held at the start of December. This prestigious recognition reflects Lorraine Hume's commitment to delivering top-tier hairdressing services, setting a standard of excellence in the beauty industry. Congratulations to Lorraine and everyone in the salon.

## SHOPPING SAFELY AT CHRISTMAS

With the Christmas season upon us, it's crucial to be cautious of online scams while shopping. To ensure a safe online shopping experience, follow these tips:

1. Use secure websites, avoiding clicking on links directly.
2. Research the legitimacy of the retailer and product.
3. Check return policies and company contact information.
4. Keep device and operating system updated.
5. Ensure a secure connection with a padlock icon.
6. Avoid public unsecured WiFi.
7. Create strong, unique passwords.
8. Never share personal or security details.
9. Be cautious of deals that seem too good to be true.

When it comes to payment methods:

### Debit Card:

- Useful for budgeting.
- Spending directly from the current account.
- Limited protection compared to credit cards.

### Credit Card

- Offers more protection for purchases between £100 and £30,000.
- Keep track of spending to avoid debt and interest charges.

### Third-Party Payment Services:

- Read terms and conditions for purchase protection.
- Be cautious with 'buy now, pay later' schemes.
- Ensure affordability to avoid late payment charges.

### Bank Transfer:

- Be suspicious if a seller insists on bank transfer; it may be a scam.
- Verify with trusted individuals and contact the company directly.

For guidance on fraud prevention, refer to the government-backed national campaign "Take Five."

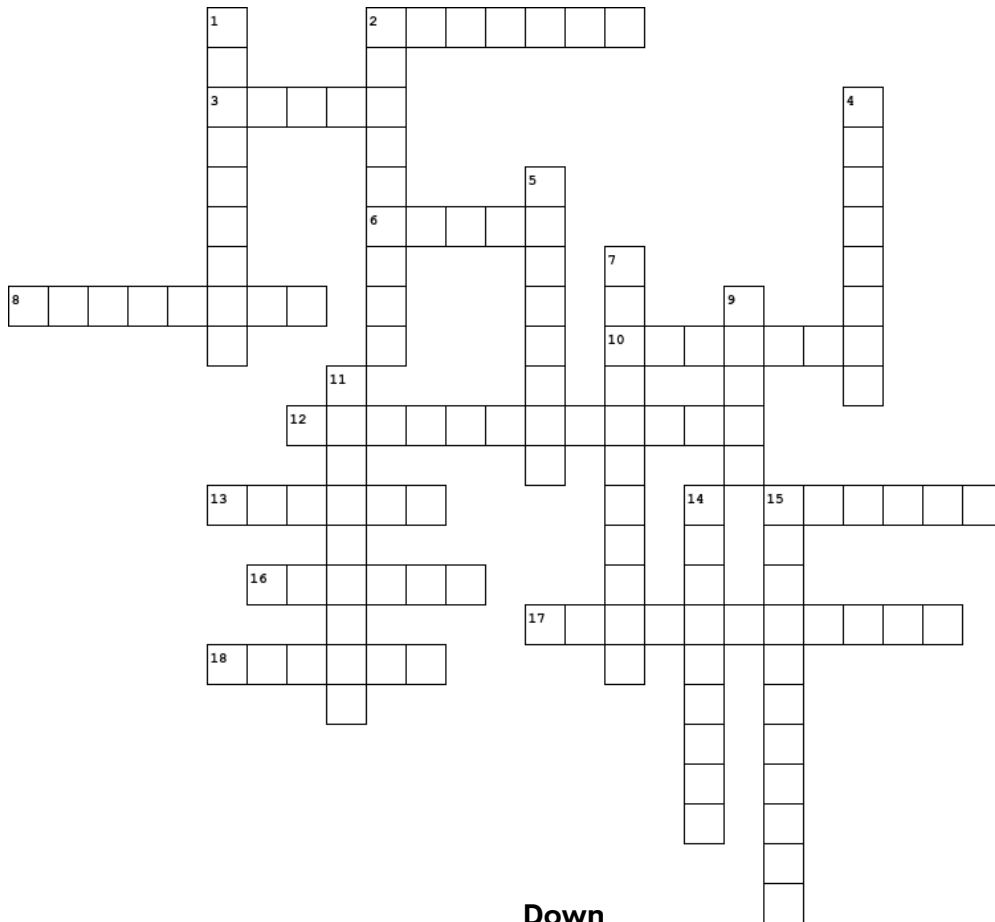
# TRAIN YOUR BRAIN

## General Knowledge

1. How long does it take a typical Christmas tree to grow?
2. How was Frosty the Snowman brought to life?
3. What was tinsel originally made from?
4. This story was the inspiration behind Gingerbread Houses
5. This iconic Christmas song was originally written for Thanksgiving
6. Why is Christmas such an important date for Christians?
7. How do American Pigs in blankets differ from ours?
8. Where did the Mincemeat of mince pies get its name?
9. What was Boxing Day originally for?
10. Which traditional Christmas plant is actually parasitic?



## Crossword



### Across

2. Christmas \_\_\_\_\_ are usually sung this time of year. 7
3. These birds are normally seen nearing christmas. 5
6. One of santa's reindeer are named after this solar body. 5
8. The grinch lives here this town 8
10. This family figure was run over by a reindeer. 7
12. Gifted to jesus and used to make perfume 12
13. A decoration often hanged on doors. 6
15. You might see this acting as a snowman's nose. 6
16. Santa's choice of transportation. 6
17. Another of Santa's names 4 7
18. The skin that hangs from a turkey's neck 6

### Down

1. Santa's home. 5 4
2. Hard candy shaped like a walking stick 5 4
4. Before turkey this was the traditional English Christmas dinner 4 4
5. An oversized article of clothing used to store presents. 8
7. The main villain of The Nightmare Before Christmas 5 6
9. Often place on Christmas trees in place of a star 5
11. Used to decorate Christmas trees 9
14. The traditional name for eggnog. 4 5
15. A term referring to both the Christian and Jewish holiday. 11

# TRAIN YOUR BRAIN

Dingbats

## EASY DINGBATS 23 EASY www.quizmasters.biz www.quizmasters.biz

	<b>YOU JUST ME</b>	<b>Stand I</b>	<b>lem ade</b>
01	02	03	04
05	06	07	08
09	10	11	12

### Encoded Message

The following Winter Quote has been encoded with a substitution cypher, meaning all 26 letters of the alphabet have been swapped with another letter. Every same letter gets changed to the same answer.

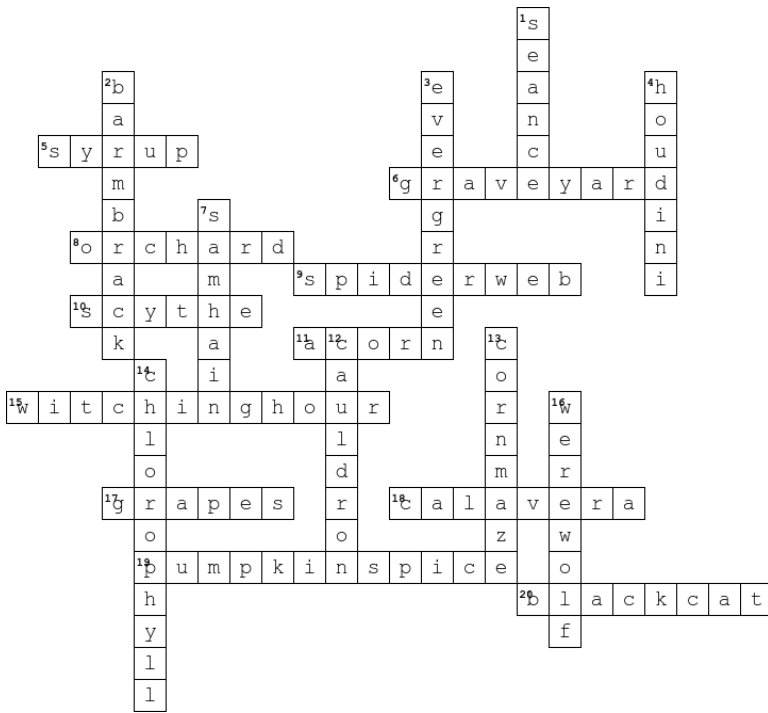
Write your answer on the line, The letters D and K have already been solved.

" \_\_\_ O \_\_\_ \_\_\_ O \_\_\_ \_\_\_ S \_\_\_ \_\_\_ O S \_\_, S \_\_\_ \_\_\_ S  
 CE DVG QTZNGCDRUST ZVOZEK BKSG RD KZE, KBCCST YTMSNGK  
 \_\_\_ \_\_\_ \_\_\_ \_\_\_ S \_\_\_ S O \_\_, \_\_\_ \_\_\_ \_\_\_ S \_\_\_  
 OMVV CSVR ZOZE VMWS KBCCST KNDOK, IBR OMNRST YTMSNGK ZTS  
 \_\_\_ S O \_\_\_ ." - George R.R. Martin

# TRAIN YOUR BRAIN

## ISSUE 103 ANSWERS

### Crossword



### General Knowledge

1. They ate ritual meals to take on the sins of the deceased.
2. Plants break down Chlorophyll
3. People believed the radio drama was real.
4. The full moon was associated with insanity.
5. They are all berries.
6. Hibernation is storing fat and resting for the winter / migration is travelling to a warmer climate.
7. The wedding of Crown Prince Ludwig of Bavaria.
8. Hang wet sheets in front of a fire.
9. "More weight."
10. Friday the 13th

### Dingbats

1. Twin Peaks
2. Fast Food
3. Waiting Game
4. Dress For Dinner
5. Jaffa Cake
6. Cop A Feel
7. Common People
8. Mastermind
9. Highland Games
10. Baked Alaska
11. Away Game
12. The Deathly Hallows

