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Don't forget to follow our social media and check out our website











# **ARCHES NEWS**

Here at Arches, we are glad to see the end of the snow and ice (hopefully!) and the beginning of Spring - trees and flowers are starting to come to life again, the chill is slowly disappearing from the air and the mornings and evenings are finally starting to get brighter!

Over the winter months we have been busy trying to get ready for 2024. We have been arranging courses, workshops and room bookings - it is difficult to find a day where the hall is free at the moment - it's great to see it so popular.

The office is open Monday to Friday - if you have any questions or suggestions, call in for a chat.

It may seem early but we have started the planning process for Festival 2024. This year, it will run 24th-30th June, with the exception of the Gymkhana which will run on Saturday 8th June. Full schedule will be available soon. Do you have an idea or would you like to be involved? Get in touch.

We will also soon be collecting adverts for our next Newsletter - Summer 2024 (Festival). if you are a local business and would like to be included please get in touch.

Speaking of getting included - how would you like to become a member of Arches? To be able to have your say and to vote at our AGM and someday maybe join Arches board? Get in touch if you are interested.

We have a number of courses now lined up for Spring 2024 - more information can be seen on the next page about these - hopefully something will catch your eye!



# TRAINING COURSES

#### Tai Chi

Ran by Ballymena Tai Chi, these classes are known for their gentle approach to movement and ability to improve flexibility, balance, breathing, and strength. Emphasizing the mind-body connection and encourage students to adopt a regular practice for maximum physical and mental health benefits. Registration not required - just come along!

Running each Wednesday. Intermediate - 10:30am-12noon, Beginners - 12:30-2pm. £6 per class

#### **Deaf Club**

Arches Deaf Club runs on the 2nd Friday of each month (6:30-8pm) to mingle and practice BSL with fellow minded people. This meeting is open to all BSL (British Sign Language) students, both past and present, as well as members of the Deaf community. It's the perfect opportunity to help us kickstart this wonderful community and make it a vibrant hub for sign language enthusiasts in Randalstown.

Whether you're an experienced signer or just beginning your BSL journey, we welcome you with open arms! Let's come together to learn, share experiences, and create lasting connections.

#### **CARD MAKING**

Join our monthly card making class held on 3rd Saturday of each month from 10am to 4pm. Come unleash your creativity, make new friends, and craft beautiful cards. The class fee is £30, with materials payable directly to the tutor. Concession rates are available. Don't miss out on this opportunity to express yourself through art and connect with others!

### FOOD HYGIENE (BEGINNERS AND REFRESHERS)

Join our beginner and refresher food hygiene courses on 22nd and 29th April from 6:30 to 9:30pm. Refreshers only need to attend the second class. Registration is necessary. The course fee is £40 (£35 for refreshers), with concession rates available. Equip yourself with essential knowledge and ensure food safety with us!

#### **EMERGENCY FIRST AID**

Attend our emergency first aid class on April 17th and 18th from 6:30 to 9:30pm. Completion of both classes is necessary to receive a certificate. The course fee is £40. Concession rates are available. Equip yourself with life-saving skills and be prepared for emergencies!

#### **PAEDIATRIC FIRST AID**

Join our paediatric first aid class on April 24th, 25th, and 26th from 6 to 10pm. Attendance at all three classes is mandatory to receive a certificate. The course fee is £70. Concession rates are available. Ensure the safety of children and gain essential life-saving skills with us!

#### MICROSOFT EXCEL INTERMEDIATE LEVEL

Embark on our Microsoft Excel intermediate level course, spanning 4 weeks starting April 11th, from 7 to 9pm. Enhance your Excel skills for just £45. Concession rates are available. Don't miss this opportunity to excel in spreadsheet management!

### MONEYNICK PS

Moneynick PS Cross Country Teams entered The Flahavan's Primary Schools Cross Country league for the first time in November. The regional races for children in P5-P7 allow boys and girls to represent their school with the top 3 teams and top 5 individuals (from each area) taking part in a Northern Ireland Final.



They were delighted when one member of their girls' team reached the Final on Friday 23 February at Mallusk Playing Fields. This was the season's end of year event, with a thousand girls whittled down to the last seventeen teams and highest individual qualifiers. On a beautiful Winter's day, she ran with determination and strength to achieve



her personal best, placing 39th overall. What an achievement! Sport is an important part of life in school, both in the curricular and extra-curricular programme. The children are well supported by their coaches, parents and classmates.



They were delighted to receive their Sustrans Silver School Award. The children have worked extremely hard to maintain an excellent effort and participation level in the challenges that Sustrans have set throughout the year. The addition of their new trikes supported by the TESCO Stronger Start Grant allowed them to excel through the accreditation process. They would like to thank Laura -



their Sustrans Support Advisor who continually offers guidance, support and school-based activities for the children. They are so proud of their new achievement.

The theme for Catholic Schools' Week was Catholic Schools: Communities of Service. At the centre of their celebration was Grandparents' Day. The children celebrated mass with their parents, grandparents and special family members. Thank you to Fr. James, their pupils and staff for the beautiful mass.



They love Grandparents' Day. God bless their Grandparents.

### **MONEYNICK PS**

Saint Brigid's Day is an important day in their school calendar. This year, Primary 1-3 pupils made a colourful Saint Brigid's cloak display. Primary 4-5 pupils made crosses using the Donegal weave. Primary 6-7 perfected the traditional cross and presented them to their grandparents. Mary of the Gael Pray for us.





In January they made bird feeders to encourage native bird species into their fabulous gardens. In the first of their 16 RSPB Gold Award activities 2024, they completed the Big Schools' Birdwatch 2024. They wish to thank Jo from the RSPB for her support and guidance.





Primary 4 and Primary 7 pupils thoroughly enjoyed the 'Sense of Wonder' Sensory Waymaker Programme. Using their senses, they have explored techniques to help them self-regulate and relax. They wish to thank Impact Network NI who supported the programme from their Mental Health and Emotional Wellbeing and Suicide Prevention Grant.



Moneynick PS were blessed and honoured to receive the 'Spirit of Catholic Education Award', with distinction, for the second year from the Down and Connor Diocese. The school is aware that promoting the values of environmental responsibility and the message of Laudato Sí is a continuous and ever evolving aspect of school life. They are clearly



committed to the values of Catholic education and their outstanding work and commitment to Pope Francis' Beatitude "Blessed are those who protect and care for our common home" is at the core of their Catholic ethos. Pupils and staff had a lovely morning at Saint Mary's University College and they were privileged that Fr James O'Reilly joined them to celebrate this outstanding achievement. A proud day for their school community, parish and parishioners during Catholic Schools' Week.

# **MONEYNICK PS**

They are delighted to announce that Moneynick Primary School are All Ireland Finalists in the National Cumann na mBunscol Cornmarket Awards 2023-2024. Nominated for School of the Year and for their Promotion of Gaelic Games and Culture members of their staff will travel to the award ceremony in Mullingar on Friday 8 March. They wish Team Moneynick Good luck!









If you wish to visit their school, please contact the school office on 028 7965 0331 or email info@moneynickps.randalstown.ni.sch.uk To learn more about their school please visit www.moneynickps.com.

# **CENTRAL PS**

2024 has gotten off to a great start for the children and staff at Randalstown Central PS. As always the diary has been filled with lots of fun and exciting events to enhance the children's learning experiences. In January the children from Primary 4 - Primary 7 enjoyed a visit from the NI Water Bus. The children learnt all about the water cycle, the process of cleaning water and protecting the environment by looking after water sources. This was great to enhance the Primary 5 topic on Water.

The children in Primary 1 went on their first school trip, along with their buddies from Mount St Michael's PS, as part of Central's continued Shared Education programme. They went to Sensory Kids NI in Antrim and had a great morning exploring the sensory equipment and activities they had to offer. Some of the children's favourites were the soft play and light experiences.

In January the school, and town, bid farewell to Reverend Derek Kerr from Randalstown Church of Ireland. Reverend Kerr had served the school for many years as governor, supporter and friend. His assemblies were always a favourite of the children, and the school wish him all the best in his new parish.



The school recognised Mental Health week from 5th-12th February with a range of activities. The theme for the week was "A Cup of Positivitea". The children took part in craft activities, learnt some coping strategies to support their mental health and worked on positive affirmations, learning to be kind about themselves as well as others. They rounded the week off with an "Express Yourself" non-uniform day where the children wore clothes to express their personality and their interests and hobbies. The school collected money to make a donation to Action Mental Health.

### **CENTRAL PS**

In February, Janine McNinch, a nurse and past parent of the school, came to talk to the children in Busy Bees and Primary 1 all about what her job as a nurse entails. She brought in lots of equipment and the children had a great time using this on each other, giving a great experience of what it is like to be a nurse.



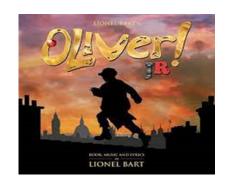


On Sunday 26th February a group of Primary 5, 6 and 7 pupils travelled to the SSE Arena, along with their friends from Mount St Michael's as part of a shared choir, taking part in the Belfast Peace Proms event. The children worked really hard leading up to the event, learning a variety of songs and dance moves. The whole event was spectacular, and it was great to be part of this important cross-community event. This is the third year the school have participated in the event and they are already looking forward to next year's event!





One of the most exciting events still to come this year is the school's Summer production of musical Oliver Jr. Children from Primary 4-Primary 7 will be working hard to continue the school's tradition of excellence in drama productions. They can't wait to perform for their family, friends and community on 30th April and 1st and 2nd of May this year. Keep your eyes peeled for more information about this on their social media over the coming weeks.



### **DUNEANE PS**

#### Christmas performance

They had their Christmas service in Duneane Presbyterian Church. The children performed 'tis the season' on the clarinet and 'Away in a Manger' on the flutes. The whole School then performed 'The very hopeless Camel'. The whole Service was lovely and the children did an excellent job acting out the various scenes and singing the songs linked with the Christmas Nativity so well! Rev. Trevor McNeill gave a lovely address about the Christmas story.





#### Christmas mini-tractor run

They had Ruth and Gareth from Grassmen, out at their Christmas mini tractor run! The children had great fun on their tractors doing laps of the School grounds. Gareth and Ruth had plenty of craic with the children and handed out gifts to each child. Children got autographs and pictures with parents, family and friends who came to support the event. This event celebrates the fact that they are proud to be a rural school serving the rural community of Toomebridge.

Despite the wet and windy weather, their spirits weren't dampened and the children and adults had a great time! Thank you to Gareth and Ruth from Grassmen for supporting Duneane Primary School at their Christmas mini tractor run!





### Chromatography investigation

To complete their Water topic in P4 to P7, their children had the opportunity to carry out a scientific chromatography experiment to investigate the colours that different markers had mixed in them. The children followed instructions really well and had great fun



carrying out the experiment. They could see before their very eyes the splitting of colours and how it was affected by the movement of water on the filter paper!

### **DUNEANE PS**

#### Safer Internet Day

The boys and girls learned how to stay safe when using the internet. Reception to P3 developed their understanding of staying safe online through Buddy's 'Use Your Tablet Safely' song and P4-P7 created some amazing online safety posters.



#### Art and Craft Club

Wonderful winter sunsets from Mrs. Hutchinson's Art and Craft Club!



### Superhero Day - Update on their charity fundraising

Thank you to everyone who took part and contributed to the sponsored superhero tasks for AutismNI and Superhero Day. The total raised was an amazing £435! Absolutely fantastic! The total now raised for AutismNI to date with all the other fundraising activities throughout the year is £1205.85! They appreciate your fabulous support!

Toomebridge 20th Birthday celebrations run by F P McCann and WSP Their P5 to P7 class joined with Moneynick PSto take part in an event which celebrated the 20th Birthday of their local Toome bridge! Children had the opportunity to build an actual bridge and walk across it. They also got to learn about the engineering and process that it took to build the bridge. A big thank you to F P McCann and WSP for organising and running this wonderful celebratory event. The children enjoyed their day!

### Waste workshop

They had Anna Green from 'Keep Northern Ireland beautiful' out to carry out a waste workshop for all the children. Children got the opportunity to give their views and ideas about littering, waste and the unfortunate

impact this has on the environment and animals. She showed the children how to recycle. A really important piece of learning for their children about how to protect our environment, how to recycle and how to reduce waste.

### MAINE IPS

The Primary 6 and Primary 7 classes started the year of with a Financial Literacy visit from Danske Bank. Pupils learned how a bank operates and, more importantly, how to save money for the future. Teachers followed up



the presentation with a practical lesson showcasing how to work out percentages of amounts of money. An important skill if you want to know how much you can earn on your savings!

At Maine IPS, they always like to support local authors and they were delighted when Siobhan McDermot sent an invitation to the school to an online reading of her debut novel 'Paper Dragons'. The pupils were inspired by the title alone and asked lots of fantastic questions. They do believe they have a few budding writers in their midst! Thank you, Waterstones, for hosting the online event.

Primary 4 embraced one of the underlying values of Integrated Education which is 'Social Responsibility'. Families attending our wonderful Christmas productions were asked to donate a food item each. P4 then went on a visit to the local foodbank Jam Store to donate the food to the local community. While the pupils were there, they learned about how the foodbank works and the important work it does in our local community.



Across the school, they marked Internet Safety Day. Their Digital Leaders delivered a thought-provoking internet safety presentation to the whole school. Later, all pupils also enjoyed completing several Internet Safety tasks in class.



### MAINE IPS

Recently, the whole school welcomed Danny from Randalstown Judo. Danny joined them following a request from a pupil for him to show their school how judo works what a treat! The pupils had lots of fun and came out with beaming faces. It is always good to learn a new skill! Lots of the pupils are keen to join the classes in Randalstown Community Centre.



Elizabeth Crowe (Primary 5 pupil) took part in the Ballymena Festival. She was delighted to be placed first in the Prepared Prose 9 and under. Elizabeth, Maine IPS are very proud of this great achievement.



The Junior Governors organised a 'Break the Rules Day' to raise money for school funds but to also donate money towards the children who are caught up in the conflict in Gaza. They managed to raise over £300. The pupils really enjoyed the day and thought of some very imaginative rules to break!





# **GROGGAN PS**

Another very busy few weeks at Groggan Primary School. Primary 1/2 are now dinosaur experts, they can tell you all the difference between a Triceratops and a T-Rex! They have loved being archeologists looking at bones, creating dinosaur themed Art activities, painting, sorting and labelling dinosaurs and going on dinosaur hunts!

Primary 2/3 took Assembly recently and taught them all about Cold Lands. They told them lots of penguin and polar bear facts and explained how we all need to look after our world to keep our planet healthy. They even wrote and performed their own song.

Primary 3/4 have been working hard on Numeracy strategies during their Taskboard and are becoming great Mathematicians! They are enjoying their new Activities in Activity Based Learning, finding out about the water cycle, researching some amazing weather facts, creating windsocks, designing a house that can withstand a 'hurricane' (a hairdryer!) and making a path for a ball, powered by blowing through a straw!

Primary 5 are working on their coding using Microbits - they were able to code a flashing art in time for Valentine's Day. They loved having Johnny their Sustrans officer in school for an activity morning and just love getting outside for our Orienteering sessions.

Primary 6 are a very busy bunch, not only have they started preparing for the dreaded SEAG test later in he year, but they are computer geniuses. They have been taking part in live ICT lessons, coding, using lots of Apps and programmes and producing some excellent work, all linked to their Vikings topic.

Primary 7 have been loving their new Vikings topic and have had great fun creating lots of Art and taking part in ICT related tasks. They loved having sessions with Mark from E.A. REACH service who has been working on 'sleep' sessions this term. Do you know how many hours of sleep you should have each night? We were all a bit shocked to find out! Their Principal Mrs Humphrey made a very special trip to London in February to Buckingham Palace no less! She was presented with an M.B.E. for Services to Education in Northern Ireland by Princess Anne. We managed to arrange a surprise special Assembly for her when she came back to school and had a great time celebrating!











# **COMMUNITY NEWS**

#### **TIDY RANDALSTOWN**

#### INDIAN FUNDRAISER NIGHT

To keep our town looking at its best, plants, containers etc need replaced and their annual fundraising dinner helps meet some of these expenses. Sitting around the table with friends, enjoying tasty food and an attractive venue is the recipe for a good night. The venue this year is The Khayber Restaurant Galgorm on Wednesday 20th March. Serving food at 7.30pm. If you require tickets @ £25 each please contact Jane 07512002001 or Moore 07753985282.



#### THE GRAND SPRING CLEAN

Their annual clean up day is later this year - on Grand National Day. Volunteers will be attacking certain areas of the town in groups with a Tidy Randalstown leader. Each area will entail various activities: litter picking, sweeping, washing signs, weeding pavements etc. To establish how many people will be volunteering on 13th April please register with Steph - stephaniefullertonburns@gmail.com or 077 2546 2027

#### LIVE HERE LOVE HERE LEGACY AWARD

Live Here Love Here is a people powered campaign and means exactly as it says, loving where you live. Not only loving where you live but getting people working together to improve their environment. Their Annual Community Awards celebrates the great work of volunteers all over Northern Ireland. This year's event was held on Thursday 29th February in Belfast. Tidy Randalstown was delighted and honoured to be presented with the Special Legacy Award by



Andrew Muir, Minister of Agriculture, Environment and Rural Affairs. A great celebration and was for "recognition for their long standing commitment to environmental causes and community service". Congratulations Volunteers and to all their sponsors and supporters.

#### RHS BRITAIN IN BLOOM FINALISTS 2024

Britain in Bloom is a nationwide campaign to encourage community gardening and inspire people to take pride in their town, city or village. Tidy Randalstown will be representing Northern Ireland in the Small Town category of the prestigious Royal Horticultural Society 2024 Britain in Bloom UK Finals. Judging will take place in the town between 29th July and 16th August and will take the form of a scheduled visit and an escorted tour of the town by the judges who will focus on the three themes of horticulture, environment and community involvement.

The town is also competing in the Small Town categories in Ulster in Bloom, Northern Ireland Best Kept and All Ireland Best Kept. In these competitions Judges will visit the town, unannounced and assess gardens, plant displays, buildings, shop fronts, footpaths, surfaces, fences, signage and street furniture. The judging period can be any time from the beginning of May until the middle of September. Tidy Randalstown volunteers are getting us off to a good start. Can we keep the momentum going?

# **COMMUNITY NEWS**

#### **COMMUNITY ADVICE ANTRIM & NEWTOWNABBEY**

The Antrim & Newtownabbey Outreach Service, hosted every Monday (except bank holidays) from 1:30 pm to 4:30 pm at Arches Hall, offers essential guidance and support to all in need. From housing and employment advice to support, the service caters to diverse needs, fostering inclusivity and community spirit Its dedication to accessibility and continuity ensures that individuals facing challenges find solace and assistance when the need it most. In a world often characterized by digital interactions, the outreach service serves as a beacon of human connection and support, embodying the strength of community solidarity.

#### GIVE IT A TRY - WOMEN'S RUGBY

Give It A Try - Wednesday 13th March - 7-8pm Hosted by Ulster Rugby's Joy Sparks Open to all girls age 14 - Senior No previous rugby experience needed! Give it a try, and see how you get on, no pressure to commit Refreshments in the clubhouse after.



#### RANDALSTOWN WI CRAFTS

Free tea and coffee.

Following success of their previous classes the Randalstown WI craft team have another 2 nights coming up in March. Tuesday 12th & 26th in Unit 8 off John Street carpark. This time they are doing craft cards. On the first night you can work on one of 3 designs: cupcake, balloons or flower. On night 2 you can choose to do your own design. They have all the cards, material etc. but if you do have anything at home please bring it with you. Charge will £5. If you are interested in coming please send a message to Karen on 07731633576.



#### RANDALSTOWN AUTISM SUPPORT GROUP

Randalstown Autism Support Group meet on the first Tuesday of each month for a cup of tea and a chat. Everyone is welcome. Unit 8 John Street Carpark Randalstown 7.30pm - 9pmFree to attend



ARCHES newsletter is open to all members of our community to share their local news and upcoming events. Whether it's a neighbourhood initiative, a community event, or an exciting development in your area, we want to hear about it and share it with our readers.

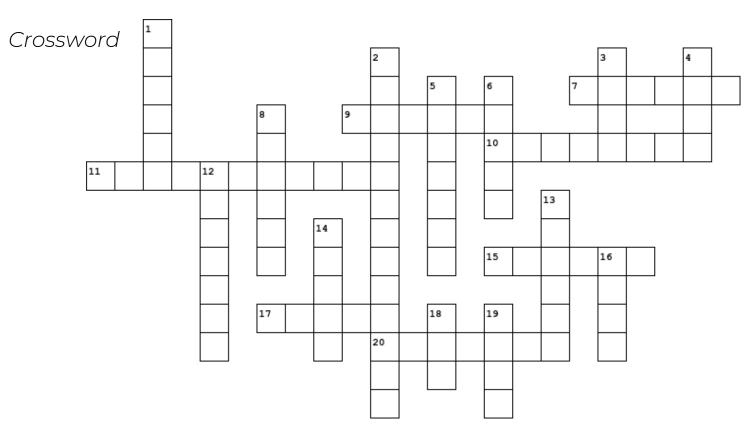
Your contributions play a vital role in keeping our newsletter vibrant and relevant to the interests of our diverse community. By sharing your news and events, you not only showcase the richness of our local area but also provide valuable information and opportunities for engagement to our readers. So, if you have a story to tell or an event to promote, we encourage you to get in touch with us.

To submit your news or event for inclusion in our newsletter, simply reach out to us at info@randalstownarches.com

# TRAIN YOUR BRAIN

# General Knowledge

- 1. The world is divided into 3 types of Geographical zones, what is unique about the type the UK is located in?
- 2. Where was the largest chocolate egg in the world created?
- 3. What do you call someone who makes confectioneries from chocolate?
- 4. How many Easter eggs are sold every year in the UK?
- 5. What is the religious significance of the hot cross bun?
- 6. What do the marzipan balls on a Simnel Cake represent?
- 7. How did the month of March get its name?
- 8. in the 13th Century what happened to eggs during Holy Week?
- 9. Germany may have invented the Easter Bunny, but what other animal delivers eggs in Westphalia, Germany?
- 10. Why does Easter fall under a different date in eastern regions?



#### **Across**

Across

- 7. hats often worn during Easter. 6
- 9. A Mexican beverage made using Coca Beans.
- 10. we're getting more of this as the days get longer. 8
- 11. soon to be a butterfly. 11
- 15. another type of spring, used as a toy. 6
- 17. plants that grow where they aren't wanted. 5
- 20. occur in April, brings the flowers. 7

#### Down

used to carry eggs. 6

- 2. a pink tree found in Japan. 67
- 3. these are found on Easter Island. 4
- 4. lasts 40 days. 4
- 5. like an umbrella, but it blocks the sun. 7
- 6. he came back on Easter. 5
- 8. Good \_\_\_\_\_, celebrated after Easter 6
- 12. you might see one after rain. 7
- 13. these often come out of eggs. 6
- 14. Sam-I-Am offered \_\_\_\_ eggs and ham. 5
- 16. often flown in the sky during a windy day. 4
- 18. rabbits do this to get around. 3
- 19. might happen to your chocolate when it gets warmer. 4



# TRAIN YOUR BRAIN

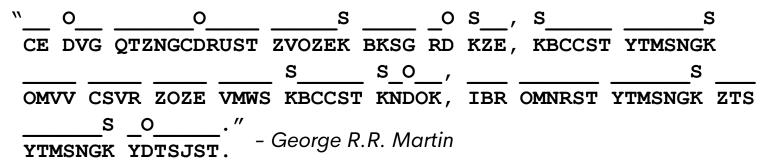
Dingbats



# Encoded Message

The following Winter Quote has been encoded with a substitution cypher, meaning all 26 letters of the alphabet have been swapped with another letter. Every same letter gets changed to the same answer.

Write your answer on the line, The letters D and K have already been solved.



# TRAIN YOUR BRAIN

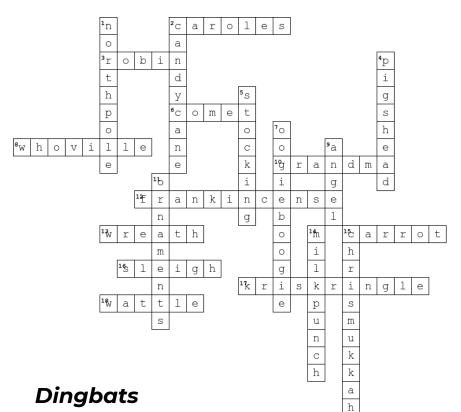
WordSearch

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KCD
               CHHA
               XPIAN
               FROGSD
               MHBBHEEO
               HIABOZDLR
                 XGTUEUNIQ
                 J B R C T L F T O I
                 LPZAHTBBFNA
                                      KPWO
          SCBSWPCRVTIEBULSIHWBDUIJB
Q C N R D G A P B E C T M H W W K I N R S S E V Y A U O Y O C A O
E O E G Y G X W U E P W H O U F F V O G C T K L H I N X C X B I H G M
  H K H D M E H S X G A R D E N X R N W U F D W W N R W R I
 F U J G D I K P T I Z D W L W T Z D U S E P K N L Y E R Y S Z
 BHUZZFLOWERSRJFFJOJAWISHPKCOHVS
    WKBBRSNBCLYHGJVCVLXEAS
                                   TEROLE
    B L O O M F R I D U J K W T I M B A Z N E S J A L H M F
        ODXDVEQPQI
                       ZISSNKNYO
          BIRDSBOFZKXXLRTDBMGUIE
             ZCTWKHTGZLTEWKFXANWU
                 OUTDOORSVGBLTGNFF
              MGZCJMEEGRVZUIZYYW
             SDPYBDKXWPOGIWFJAJ
                    INSECTSFHEUJ
          YGYXJ
       UXDMSOX
                        OONJFI
     SJOSAWPR
 NATUREENNQ
    POLLENI
       HJRC
        NTB
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1. BLOOM 2.POLLEN 3.BIRDS 4.FLOWERS 5.OUTDOORS 6.VERNAL 7.INSECTS 8.LIFE 9.BUTTERCUPS 10.FROGS 11.DANDELIONS 12.BEES 13.SUNNY 14.GARDEN 15.MIGRATION 16.BUNNY 17.NATURE 18.HATCHING 19.EASTER 20.TREES

# TRAIN YOUR BRAIN **ISUUE 104 ANSWERS**

### Crossword



- 1. Eavesdropping
- 2. Just Between You and Me
- 3. I Understand
- 4. Lemonade
- 5. I'm In Between Jobs
- 6. Goatee
- 7. Growing Old
- 8. H20
- 9. Unfinished Symphony
- 10. Hole in One
- 11. Tenants
- 12. Slipped Disc

# General Knowledge

- 1.10-15 years
- 2.A magic hat was placed on his head.
- 3. Shredded strands of silver
- 4. Hansel and Gretel
- 5. Jingle Bells
- 6. It is the day that Jesus was born.
- 7. The sausage is wrapped in pastry
- 8. It historically contained actual meat.
- 9. Giving gifts to the poor.
- 10. Mistletoe.

# **Encoded Message**

"My old grandmother always used to say, Summer friends will melt away like summer snows, but winter friends are friends forever."

- George R.R. Martin

