

# ARCHES OUTLOOK

ISSUE 107  
AUTUMN 2024

ARCHES  
NEWS

TRAINING  
COURSES

"Autumn is a  
second spring  
when every leaf  
is a flower."

*Albert Camus*

Image by Daniel Taphorn



# CONTENTS

## **Page 3**

Arches News

## **Page 6**

Training Courses

## **Page 8**

School News

## **Page 15**

Community News

## **Page 16**

Train Your Brain

## **Page 19**

Train your Brain Issue 106 Answers

Don't forget to follow our social media and check out our website



Randalstown Arches  
Association



Randalstown Arches



@randalstownarch



@randalstownarches



[www.randalstownarches.com](http://www.randalstownarches.com)

# ARCHES NEWS

As the last bit of warm weather fades and the long summer evenings draw to a close, things have been busier than ever at the Randalstown Arches Association offices. Over the past few months, we've been hard at work preparing for Autumn and Winter 2024, planning exciting courses and accommodating room bookings — we're thrilled to share that we're fully booked most days!

We have a great lineup of courses scheduled for the Autumn/Winter season. You can find more details on page 6, and we'll also have even more opportunities launching in the New Year of 2025. So, whether you're looking to learn a new skill or dive into a hobby, we're confident there'll be something that sparks your interest!

In addition to the busy course schedule, it's been a year of change at the Randalstown Arches Association. Many of our long-serving directors have retired over the past year, and while their presence will be missed, we're excited for new energy and ideas. We hope to see some fresh faces joining the board of directors soon. If you, or someone you know, would like to get involved, we'd love to hear from you!

As always, thank you for your continued support, and we look forward to seeing you at one of our many upcoming events or courses.



# ARCHES NEWS

## Retirement Announcement

It is with a mixture of gratitude and respect that we announce the retirement of George Graham, our esteemed Chairman of the Board and founding member after 30 years of service.



George has been an integral part of our charity since its inception. His exceptional leadership, vision, and unwavering commitment to our mission have been invaluable, navigating us through numerous challenges and guiding us through many successful years of growth and impact. His commitment to excellence and unwavering support have been a source of inspiration to all of us.

Regrettably, George is stepping down due to ill health. While this decision comes with a sense of sadness for all of us, we deeply respect his choice and are immensely grateful for the incredible legacy he leaves behind. His passion for ARCHES and Randalstown has inspired countless individuals and will continue to guide the organization in the years to come.

As he steps down from his role, we want to extend our deepest appreciation for his invaluable contributions. His legacy will continue to shape our future endeavors, and we are profoundly grateful for his 30 years of service.

George and his family will continue to remain cherished members of our community, and we wish him the very best.

The Board will soon announce plans for a formal transition. In the meantime, we invite everyone to join us in celebrating George's remarkable contributions to ARCHES. Thank you, George, for your extraordinary service. Your impact on ARCHES and Randalstown community will never be forgotten.



# ARCHES NEWS

## Retirement Announcement

It is with deep appreciation that we announce the retirement of one of Randalstown Arches Association's founding members, Moore Blair. Since our last edition, Moore has officially stepped down from his role on the Arches board, marking the end of an era. As one of the driving forces behind the establishment and growth of the association, Moore's contributions have been immeasurable. His vision, leadership, and unwavering commitment have left an indelible mark, not only on the Arches but on the entire community.

While Moore's retirement from the board marks the end of his official duties, we are delighted to know that this is by no means a farewell. Moore has been an integral part of the community for many years, and his passion for Randalstown remains as strong as ever. In fact, you will still see him out and about, particularly in his ongoing role with Tidy Randalstown.

We are deeply grateful for Moore's years of service and his presence will be sorely missed on the board. As he transitions into this new chapter, we wish him every happiness and success, along with the well-deserved time to pursue his personal passions and spend time with loved ones.

On behalf of everyone at the Randalstown Arches Association, we extend our thanks to Moore for his commitment, leadership, and friendship over the years.



# TRAINING COURSES

## Tai Chi

Ran by Ballymena Tai Chi, these classes are known for their gentle approach to movement and ability to improve flexibility, balance, breathing, and strength. Emphasizing the mind-body connection and encourage students to adopt a regular practice for maximum physical and mental health benefits. Registration not needed – just come along!

Running each Wednesday morning 10:30am–12noon

£6 per class

## Card Making Workshop

Join our monthly Card Making Workshop, held on the third Saturday of each month! Unleash your creativity and craft beautiful handmade cards. Registration is required, with a fee of £30, or £20 if you are eligible for concession. An additional £8 for materials is to be paid directly to the tutor. Whether you're a beginner or experienced crafter, this workshop is the perfect opportunity to learn new techniques and create personalized cards for any occasion.

## Rediscovering Self Worth with MJF Mentoring

Join the MJF Mentoring for Self-Worth program, starting on 18th October for 6 weeks, from 7 pm to 9 pm (excluding 8th November). This empowering program is designed to help you build confidence and strengthen your sense of self-worth. The cost is £15 per class, or you can pay in full and receive a 10% discount. Pre-booking is essential, so contact Jayne to reserve your place at 07999 057864. Don't miss this opportunity to invest in yourself and enhance your personal growth!

## Creative Clay Workshop

Join our Creative Clay Workshop on Saturday, 26th October, from 11 am to 1 pm, where you'll be guided through every step of the clay crafting process. After creating your unique pieces, they will be twice-fired and glazed, ensuring a beautiful, professional finish. Your completed items will be ready for collection a few weeks later. The cost for this hands-on workshop is £40, and registration is required. Don't miss this chance to explore your creativity with clay and take home your handcrafted masterpieces.

## OAP's Computer Course

Join our OAP's Computer Course designed specifically for older adults who want to learn or improve their computer skills. Over the course of five weeks, starting Tuesday, 22nd October, from 7 pm to 9 pm, you'll learn the basics and boost your confidence in using technology. The cost for the entire course is £40, and registration is required. Don't miss this opportunity to enhance your computer skills in a friendly and supportive environment!

## Clubbercise

Get ready to move with Clubbercise, an energetic dance workout set to your favourite club anthems! Starting Thursday, 21st November, for 4 weeks at 7 pm, this fun and high-energy class will help you stay fit while enjoying great music. The cost is £25 for the full course, and registration is essential. Don't miss out on this exciting way to work out and have fun!



# TRAINING COURSES

## Hypnobirthing

Join Hypnobirthing with Jessica Bradley for 4 weeks of calm and confidence as you prepare for birth. Starting Monday, 4th November, from 6:30 pm to 9:30 pm at Arches Hall, this course will provide you with the tools to approach birth with relaxation and self-assurance. The course fee is £200 per couple. For more information or to book your place, contact Jessica at 07392832727 or via email at [jesscolman94@gmail.com](mailto:jesscolman94@gmail.com), or reach out to ARCHES. This is a wonderful opportunity to experience a positive birth journey!

## Christmas Wreath Making Workshop

Join us for a fun and festive Christmas Wreath Making Workshop on Friday, 6th December, from 7 pm to 9 pm! We'll guide you through the process of creating a beautiful Christmas wreath, perfect for the holiday season. Please note, you'll need to bring your own foliage, but all other decorations will be provided. The cost for this festive evening is £35. Don't miss out on the chance to get creative and make a stunning wreath for your home!

## Deaf Club

Join our Deaf Club, open to students learning British Sign Language (BSL), members of the Deaf community, and anyone interested in learning! It's a welcoming space for everyone to practice and connect. Meetings are held on the 2nd Friday of each month at ARCHES Hall, from 6:30 pm to 8 pm. This is a free event, so come along, meet new people, and improve your BSL skills in a supportive environment.

**To register for any of our courses, you can send us an email to [info@randalstownarches.com](mailto:info@randalstownarches.com), give us a call on 028 9447 8471 or call into the office Monday - Friday (9AM-5PM)**

**If you have an idea for a course, please get in touch and we will do our best to try and run it!**



# SCHOOL NEWS

## MOUNT ST MICHAEL'S PS

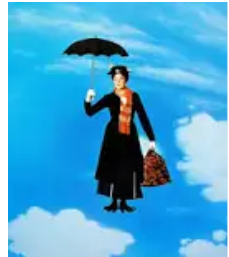
It is great to have everybody back after the Summer break, we extend a warm welcome to our wonderful boys and girls. A special welcome to our new Primary One children and their parents, thank you for choosing Mt St Michael's. The children have settled back brilliantly; thanks for your support in getting us off to a great start.

We wish all our children, parents and families every blessing for the new school year. We look forward to lots of love, laughter and learning in the months ahead.

Further information, updates and news are available on our new school website and App, [www.mountstmichaels.com](http://www.mountstmichaels.com). There you can get updates on afterschool activities, trips and images of life in our busy learning environment.

We will celebrate our Opening Mass in the Church on Thursday, 26th September at 10 am. All children from Year 2 to Year 7 will attend and we hope that many parents, families and friends will join us. P1 parents/grandparents are welcome to collect children and bring them along to Mass that morning.

Children in P5 to P7 are going to the Bord Gais Energy Theatre in Dublin on Wednesday 9th of January to see Mary Poppins. We have already started a host of after school activities for children in P2 to P7, including soccer, gaelic football, Lego, Judo and NERF wars! We are holding information sessions for parents this year. This will be an opportunity for you to get information that will help you to support your child across the school year and we would strongly encourage you to attend. The dates are as follows: -



Monday 23 September	P1 at either 1pm or 6pm
Tuesday 24 September	P3 at either 2pm or 6pm
Wednesday 25 September	P2 at either 1pm or 6pm
Thursday 26 September	P4 at either 2pm or 6pm
Tuesday 1 October	P5 at either 2pm or 6pm
Thursday 3 October	P6 at either 2pm or 6pm

Our school book-fair will take place on the 15th of October. Children will have an opportunity to view and purchase books during school hours in their classes, further details will be issued closer to the time of the event.

At this time of the year we take time to reconnect with our School Values which permeate life in our school community; our core values are: -

**CARE, TRUST, HONESTY, RESPECT, FORGIVENESS, INCLUSIVENESS AND ACKNOWLEDGEMENT**

We believe that these values should be reflected in relationships within and beyond the school community and should underpin and be evident in all aspects of school life. We aim to work in partnership with parents to nurture and develop these values in our children so enabling them to grow into happy, well rounded young people. We will be focusing on a value per week over this half term.



# SCHOOL NEWS

## MOUNT ST MICHAEL'S PS

We are looking forward to celebrating Good Relations Week with a fun trip to the Castle Gardens in Antrim (P4A and P5B) on Wednesday 18 September with our friends from Randalstown Central P.S

Finally the Eco Committee joined other schools last week and participated in an activity morning for schools led by our wonderful Tidy Randalstown volunteers. We learned about making compost, planted a flower, made our own eco badges and had some refreshments at The Fold. A lovely day out within our local community.

#tidyrandalstown #ecoschools #take5



# SCHOOL NEWS

## MONEYNICK PS

Congratulations to all their pupils, staff and parents, working together they achieved the Take 5 Steps to Wellbeing Level 3 Accreditation. As a school, they use the Take 5 steps to promote wellbeing, not only with their pupils, but also with staff, parents, and the wider school community. Take 5 complements their 'Health and Well Being Strategy' and its key themes of Connecting, Learning, Being Active, Taking Notice and Giving are central to their school ethos. They are delighted to have achieved the highest award two consecutive years. If you wish to explore how they managed our success, hit the Take 5 tab on their home page at [www.moneynickps.com](http://www.moneynickps.com) and spend time reading about and viewing the pictures and videos, documenting their amazing journey.



To celebrate their sporting achievements and national recognition at the Cumann na mBunscol Awards, The Friends of Moneynick organised a sponsored 'June Jogathon' to financially support the upgrade of their sports field and outdoor facilities. Each day a local business or family sponsored other pupils jogging the time equivalent to the date. For example, on the 1st June their pupils and staff jogged for 1 minute, increasing up to 30 minutes on the 30th June. Scan the QR code to explore and appreciate their amazing journey. They wish to extend a sincere thank you to their extended school community for their generosity. They extend an invitation to appreciate their daily efforts, celebrate their sponsors and view their amazing redevelopment on their website at Outdoor Redevelopment ([moneynickps.com](http://moneynickps.com))



Memories were made as they travelled to Dublin to spend a day in Croke Park celebrating native Gaelic games and culture. Setting of early, Primary 1-7 sang songs, played games and counted the counties from Antrim to Dublin. Scan the QR code to join them on their special day and view their unbelievable memories.



Their Annual Summer Scheme was an outstanding success with activities ranging from hurling, Gaelic, soccer, tennis, rounders and concluding with a mighty water fight. Funds from the summer scheme purchased new basketball nets and basketballs to add to their many amazing resources and afterschool clubs. Visit Basketball Club ([moneynickps.com](http://moneynickps.com)) to appreciate the transferrable fundamental skills of their pupils.





# SCHOOL NEWS

## MONEYNICK PS

Mrs McKeever and Mrs McConway attended an inspiring day facilitated by Fresh Minds Education which focused on implementing the 'Amber Approach'. This initiative will complement their pastoral care and preventative curriculum. They will welcome Amber and her puppy Bamber into their school family.



Their eco school warriors are continually striving to make improvements in their school grounds and deliver an understanding of how their actions can change the world. To support their redevelopments, they raise much needed funds through their 'Cash for Clobber' Campaign. They thank their school community for their remarkable support last year and ask everyone to consider recycling and upcycling before disposing clothing items. Their recycling bin is situated at the front of the school and is easily accessible for donations.



Roots of Empathy is an evidence-based classroom programme that aims to develop empathy in children and adults. Pupils learn about feelings, caring for each other, emotions, sleep, safety and communication. They are delighted to welcome their Roots of Empathy Teacher 2024 and his mum to their school community. Over the coming months they will watch their 'Tiny Teacher' grow.



They introduce their Primary 1 Class 2024. The pupils, staff and governors of Moneynick wish them lots of fun and happiness as their new adventure begins.



The staff and pupils of Moneynick Primary School invite you to attend their Annual 'Magical Night at Moneynick' on Wednesday 4 December 2024. An evening of fun and games, refreshments and a visit to Santa's Grotto free for everyone in the local community. Join the festive fun from last year by scanning the QR code.



# SCHOOL NEWS

## CENTRAL PS

As always, the last term of the 2023–2024 school year was jammed pack with a range of exciting activities for the children and staff of Central PS. The new school year is now well under way but here are some of the events the school enjoyed last term!

In May, Central PS were delighted to welcome local author Tim Bailie for a visit to the school. Tim read his latest book, "The Proud Parakeet", to the children and presented copies of the book to take home. This event was really enjoyed by all the children and staff, and the school look forward to welcoming Tim again in the future!



Also in May, some Primary 7 children attended an inter-generational event run by Impact Network NI. The children got to compete alongside community members in a Boccia tournament. All the children reported that this was a great experience and one the school hope to make a yearly tradition, as this year's Primary 7 will be attending a similar event in October.



Sinead from Fresh Little Minds came to congratulate the Primary 3 and Primary 4 children on completing the Sunrise programme for the first year. A few staff members were also presented with certificates to recognise their achievement as accredited Sunrise teachers. The school looks forward to continuing to implement this programme as part of their Wellbeing curriculum again this year.





# SCHOOL NEWS

## CENTRAL PS

As part of the summer celebrations, Central PS held their annual Fun Day for the children in June. The children enjoyed activities such as bouncy castles, nail painting, lawn games and a disco. However, the highlight of the day was a visit from the ice cream van and Dinky Donuts, who provided the children with some tasty treats!



In sporting news, the school held the annual Sport's Day in June, and although the weather was not ideal, this didn't dampen the spirits of competitors or spectators! The children ran, skipped, jumped and "rowed" to victory in a range of competitive and fun events. The spectators even got involved in the most competitive races of them all- The Parent Race! Following this the school held their Prize Giving Ceremony, recognising achievements in sport, music, reading, kindness and academic achievement.



As with every year, June was tinged with sadness as the school waved goodbye and said 'bon voyage' to another group of amazing Primary 7 pupils. These children have now embarked on the next step of their educational journey and the school couldn't be prouder of their growth during their time at Central- they will be greatly missed but there is no doubt they will go on to accomplish great things.



Everyone at Central PS is so proud of one of their current Primary 6 pupils, who won Tidy Randalstown's competition to recommend a book for Sam and his Grandpa to read down beside Maine River- what a great accomplishment!



As the new school year kicks off, there is much to be excited about if you are part of the Randalstown Central PS community. Our Skill School after school club is up and running again, swimming lessons have recommenced and the PTA have a range of discos and movie nights planned for the year. The school are very excited about a Christmas trip to the Grand Opera House to see this year's pantomime- Peter Pan!

The children, staff, parents and community of Central PS look forward to another year of learning and growing together.



# SCHOOL NEWS

## MAINE IPS

It is hard to believe that they celebrated their 20th Anniversary in May 2024. The Friends of Maine organised a wonderful family event to celebrate their Anniversary. It was a joy to catch-up with past pupils and staff.



### After school Activities

They are delighted to announce all of the after school activities at Maine. The pupils can now take part in the follow activities:

- Monday – Multisports
- Tuesday – Football
- Wednesday – Lego Club
- Thursday – Rugby
- Friday – Speed Stacking Club

These activities will change on a half termly basis.

### Primary One/Primary Two Buddies

Primary One and Two got the opportunity to Buddy up at the end of their first week. Primary One have settled in and are even managing to stay in full-time after only one week.



### Naturefest

Primary 5 were delighted to take part in the Naturefest organised by the Tidy Randalstown Committee. The pupils had the opportunity to meet a resident from the fold and to plant their own plant. They all returned with happy faces.



### Randalstown Rugby Club

The children were excited to welcome Oran Gilbert back from Randalstown Rugby Club. Oran is a development officer and he is taking rugby activities on a Thursday morning with the Primary 3 and Primary 4. He is also training the Primary 6 and Primary 7.



# COMMUNITY NEWS

## MAINE LINE DANCERS

Prize winners in the recent nursery rhyme quiz were 1st – June Bonar, Randalstown. 2nd – Kathleen Wilson, Londonderry. 3rd – Michael Kelly, Randalstown.

Maineline would like to thank all businesses, organisations and individuals who contributed to this project by buying and/or selling quizzes.

With your help, we raised £550.00 for Motor Neurone Disease Northern Ireland. Thank you very much for your support.



## TIDY RANDALSTOWN

As autumn settles in, the team at Tidy Randalstown eagerly awaits the results from their numerous summer competitions. It's been a season of hard work and dedication, and now, the moment of truth approaches. We're all crossing our fingers for fantastic outcomes, and the Randalstown Arches Association wishes the team the very best of luck!

In the meantime, don't miss out on the chance to support the fantastic work of Tidy Randalstown by attending their Quiz Night Fundraiser on 8th November. Gather your friends, brush up on your trivia, and secure your table now for what promises to be a fun-filled evening.

**QUIZ NIGHT FUNDRAISER**

Friday 8th November  
Doors open 7PM  
Starts at 7:30PM

Randalstown Rugby Club

Teams of 6 people  
£5.00 per person  
Raffle & Team Prizes!

TO PRE-BOOK A TABLE CALL:  
JANE - 075 1200 2001

## 40 YEARS OF SUCCESS FOR THE KANDY SHOP

Randalstown Arches Association sends its heartfelt congratulations to Bertie and Eileen, owners of The Kandy Shop, as they celebrate an incredible 40 years in business. Over the past four decades, The Kandy Shop has become a cherished local institution, delighting generations with its delicious ice cream and sweets.

Bertie and Eileen have been long-time supporters of ARCHES, and we've shared many sweet moments together—literally! The staff of Randalstown Arches have always enjoyed their visits to the shop, indulging in some of the best treats in town.

Here's to Bertie, Eileen, and The Kandy Shop—cheers to 40 years of success, and here's wishing you many more to come!



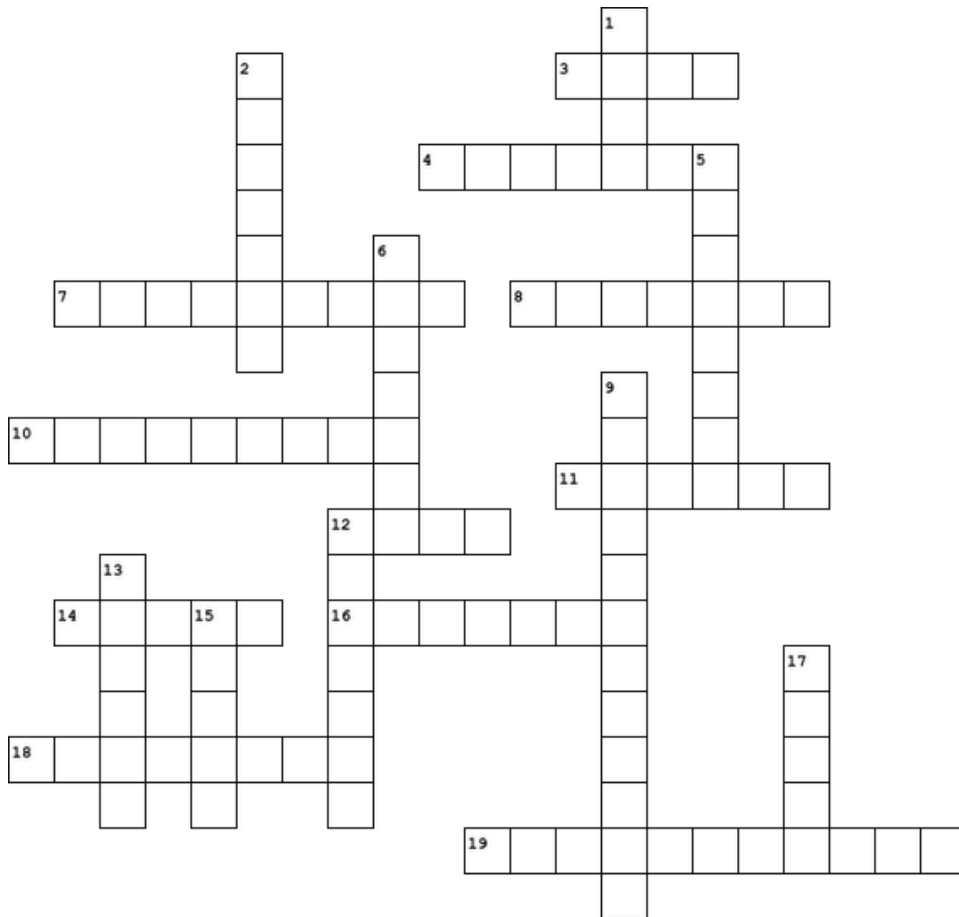
# TRAIN YOUR BRAIN

## General Knowledge

1. Wampyr was the original name for what Halloween Icon?
2. Why are Egyptian mummies so rare?
3. What famous family has a member named after a day of the week?
4. True or false: Cranberries grow underwater?
5. Despite not containing pumpkin, why is pumpkin spice named after it?
6. What is an "Indian Summer"?
7. Why was November named after the Latin word for "nine"?
8. What festival served more than 7.7 million litres of beer in 2014?
9. How is "Sweet Corn" created?
10. Who is the killer in the film "Friday the 13th"?



## Crossword



### Across

3. A \_\_\_ that's made from maize, amazing. 4
4. Once A Spider's home. 6
7. Frightens birds. 9
8. We carved these before pumpkins. 7
10. These trees don't lose their leaves. 9
11. Vampire repellent. 6
12. Flying creatures of the night. 4
14. You might get this instead of a treat. 5
16. Heralds a family member's death. 7
18. They're less skin and more bones. 8
19. A witch's choice of transport. 6 5

### Down

1. Keeps fallen leaves under control. 4
2. Ghosts often live in \_\_\_\_\_ houses. 7
5. Known for burying nuts. 8
6. Transylvania is located here. 7
9. Took body building too literally. 12
12. Apple \_\_\_\_\_ is a Halloween game. 7
13. Grown on a vine, also produces wine. 5
15. A group of witches. 5
17. A drink made from apples. 5



# TRAIN YOUR BRAIN

## Wordsearch

Q  
L S  
W Q  
N N W  
K O K  
B O S  
B E H K U R A P L M E N Q T A W G B  
R Q F I Q T P A D T A L A T T H J Z Z S W S  
P U M P K I N E T E G C L S R T Y B J T U H S G  
M K O G I Q K V G S S P K U O J X N W I V V X E J F  
N B P P Y K P E U N E D L C F N S R M X L Z J N H D C A  
S I Y M B X V P A V U T A B O D P W B R Y H C I I V  
A N P M R H T Q R R U B T X V X G G A G M T I L Y N  
E I K I I X C O A C N A R W H Q L S J I F F Y E  
W B H N D G Y H Z D A T T Z F L X W N Q E I  
A O Z R W E R A T P A F G S D Z K M L M P K G Y  
D S I E Z K R A Z Q I N S E N F X K P I I S M F A L L H N K  
P T U T N R I S T G U X A D B Z R F M I B Y A Z F W I O  
F I R N Q O Z U R I E I H N R Q S U A W P V W F G O L O  
U R C A O R W N O H O O D U B Y R D W A Y A R Q T O Q T O P  
W I H L Q E S H V B N S B A U E H O R P J E T Z O W O S  
P K O R Q B L E A V E S W K R U E E G K N C  
S V K A T A S B C N D X T E L F G  
F W C C A N L R Q W G M G Y N A  
Y A H P D H V M N O D Q M L O N  
J V H G H U E T W D C L L R G M X H  
A C O R N K Z J L K H T Z C J X M M M H U H  
N X S Y Y J Z L L J O Y D H M R U W F  
C O N K E R S T E F E X B X T W  
X A F O R G A M D

1. Spooky
2. Spirits
3. Acorn
4. Pumpkin
5. Cooling
6. Leaves
7. Full Moon
8. Bats
9. Season
10. Fall
11. Migration
12. Black Cat
13. Conkers
14. Spiders
15. Crows
16. Orange
17. Jack-O-Lantern
18. Harvest
19. Witches
20. Undead

To play the wordsearch and crossword online visit [crosswordlabs.com](https://crosswordlabs.com) and [wordsearchlabs.com](https://wordsearchlabs.com) and search for **ARCHES Autumn 2024**

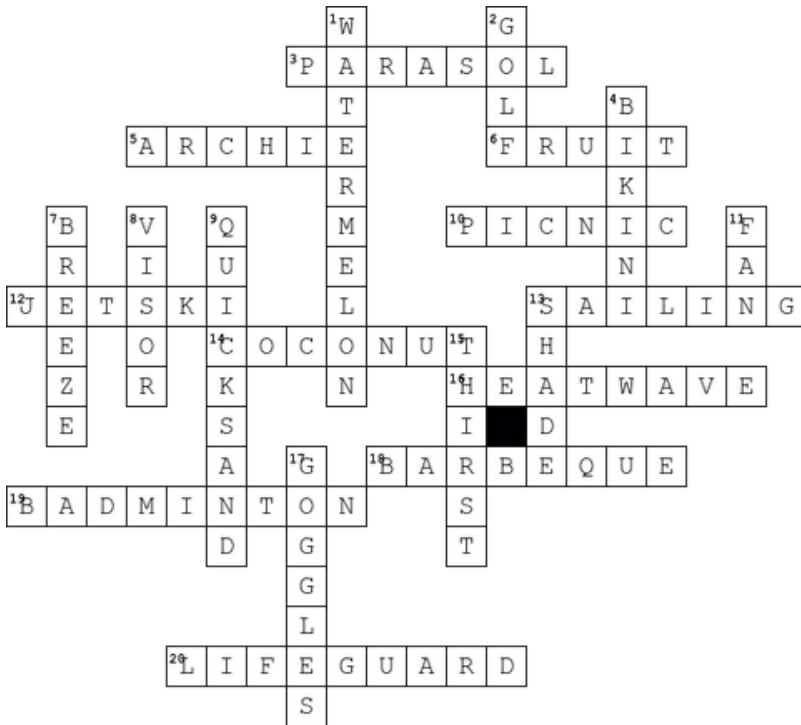
# TRAIN YOUR BRAIN

## Dingbats

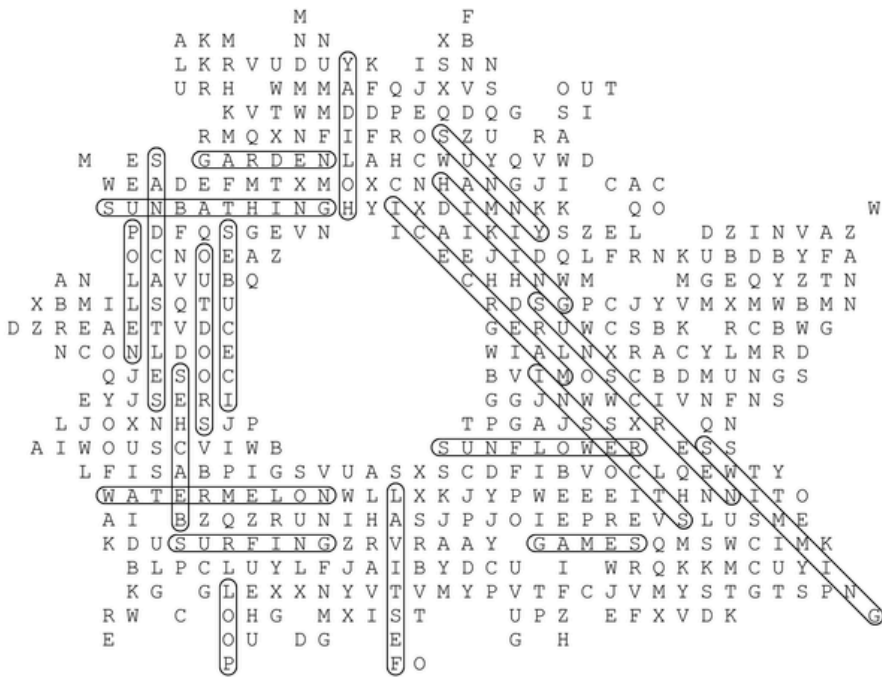
<p>BISHOP</p>	<p>Surbmwance</p>	<p>e y e s</p>
<p>1</p> <p>Where Frilly</p>	<p>2</p> <p>T</p>	<p>3</p> <p>H E HENRY R Y</p>
<p>4</p> <p>ON RO AD</p>	<p>5</p> <p>GOOD DECENT Virtuous Honest</p>	<p>6</p> <p>M O R A L</p> <p>£ 3 . 5 0</p>
<p>7</p> <p>→ Colt ← Beretta Derringer Smith &amp; Wesson</p>	<p>8</p> <p>Ton 4 Head Arms Legs</p>	<p>9</p> <p>EARS EARS</p>
<p>10</p> <p>F I R E</p> <p>Candle</p> <p>F L A M E</p>	<p>11</p> <p>Thames</p> <p>d o w n</p>	<p>12</p> <p>1st.</p>
<p>13</p> <p>RSPCA</p>	<p>14</p> <p>Saucer u p</p>	<p>15</p> <p>SOIL St. Pancras</p>
<p>16</p>	<p>17</p>	<p>18</p>

# TRAIN YOUR BRAIN ISSUE 102 ANSWERS

## Crossword



## Word Search



## General Knowledge

1. Furnace Creek Ranch, Death Valley
2. Pink Sands Beach
3. The sun only rises and sets once a year.
4. He dove to the deepest known part of the ocean. / Challenger Deep
5. The largest inflatable beach ball at 19.97m
6. Swim sideways out of the current.
7. Michael Phelps.
8. The moon's gravity.
9. heat makes metal expand.
10. Mount Tambora erupted, and volcanic debris chilled the Northern Hemisphere for months.

## Dingbats

1. Meatloaf
2. Magic Mike
3. Heaven Can Wait
4. Too Much Makeup
5. Derry Girls
6. Cajun Chicken
7. Bacon Sandwich
8. Cabaret
9. Parking Ticket
10. Going Under The Knife
11. Chop and Change
12. Penalty Shootout





# TRAIN YOUR BRAIN

*Colouring In - just for fun!*

